

Tools For Action

An inventory of nutrition and physical activity interventions in Wisconsin

Program Name

Healthy Image Weight Management Program

Contact Information

Main Contact Person Vern Partello
Title Of Main Contact MD
Agency Affiliation Of Contact Mercy Edgerton
Contact Phone Number 608-884-9431
Contact Email Address rsenn@mhsjvl.org

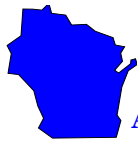
Program Information

Type of Program Health Care
Year Coalition was Formed 1995
Primary program focus Both Physical Activity & Nutrition
Region Southern
County Adult Weight Management
Coalition Web Site Address Mercyhealthsystem.Org

Program Information

Represented Groups on Coalition Health Care	Represented Professions on Coalition Dietitian Exercise Specialist Physician Other
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A Wisconsin Nutrition and Physical Activity Program



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Intervention Name Healthy Image Program

Intervention Information

Type of Intervention: Physical Activity & Nutrition Event
Focus Area: General Physical Activity & Nutrition
Intervention Site or Setting: Health Care
Scope of Intervention: County
Target Audience: All races and genders Ages 20-39, 40-59, 60-74, 75 +
Total Population in Area Served: Unkown
Number of Participants: 56
Implementation Status:

Partners:
Unique Funding
Evaluation:
Evidence-Based or Best Practice based on

Products Developed or Materials Used:

Intervention Description:

Patient start with general orientation and all other appointments are set up on an individual basis for as long as the patient wants to continue to participate in the program. Usually a minimum of 16 weeks

A Wisconsin Nutrition and Physical Activity Intervention